

Bread and Wine

Jesus said, eat this in remembrance of me.

How does bread remind us of Him?

Bread is food, and without food we starve and die.

Bread gives us strength and energy,

It feeds our body gives us the means to live.

Jesus said, He is the bread of life.

This piece of bread reminds us that

Without Him, we will spiritually starve and die.

This piece of bread reminds us that

With Him, we receive spiritual strength and energy

And become spiritually alive.

As we eat this bread, we remember

We are not to nibble at His teachings,

We are to take Him completely into our life.

May we be willing to do this as we eat in remembrance of Him

Jesus said, drink this in remembrance of me.

How does wine remind us of Him?

If we don't drink, our mouths become parched and dry, and we die.

Drinking refreshes and revives us, and is essential for us to live.

Jesus said, He is the everlasting water

This glass of wine reminds us that

Without Him, we become spiritually parched and dry

And eventually we spiritually die.

This glass of wine reminds us that

With Him, we are spiritually revived and refreshed

And we become spiritually alive.

As we drink this wine, we remember

We are not to sip at His teachings,

We are to drink Him in completely into our life.

May we be willing to do this as we drink in remembrance of Him.

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Community of Christ Leeds House Church Website.